



THE 4 LEARNING STYLES

THE VISUAL PERSON

People who think visually memorise things by seeing pictures and get less distracted by noise. They may have trouble remembering long verbal instructions because their mind may wander. They understand things quickly when they can picture it in their minds. They may talk quickly. They are interested in how things look and often will be a sharp and stylish dresser (they will choose style over comfort).

LANGUAGE: see, looks, appear, view, show me, dawn, reveal, imagine, illuminate, crystal clear. Get the picture?

BIRD: Generally - Eagle / Peacock

THE AUDITORY PERSON

The Auditory person is easily distracted by noises, they learn easily with verbal instructions and may be able to repeat things back word for word. They like to learn by listening to cd's or audios. They also like to talk on the phone. Tone of voice and words used are important to an auditory person. They can pick up subtleties of language and music easily.

LANGUAGE: can you hear, that sounds good, listen, make music, tune in, be all ears, that rings a bell, it resonates. How does that sound?

BIRD: Generally - Peacock

THE KINESTHETIC PERSON

The Kinesthetic person memorizes things by walking it through or practicing, they are excellent with their hands and make things really well. Sometimes they may be mistaken for slow by some of the other types because they may talk slowly and don't respond well to pictures or verbal instructions. They may not even hear their name called when they are engaged in a task, to get their attention you may need to go and physically touch them. Kinesthetic people mostly buy clothes for comfort first. Kinesthetic learners sometimes suffer in a traditional school environment which favours visual & auditory learning styles. (If you are kinesthetic and struggled in every class except woodwork or home ec, you are smart! You just think differently to some other people.) Kinesthetics have strong intuition and make decisions with their gut feeling.

LANGUAGE: feel, touch, grasp, get a hold of, slips through, catch on, tap into, concrete, solid. Do you have a handle on it?

BIRD: Generally - Dove / Peacock



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THE AUDITORY DIGITAL PERSON

The Auditory Digital person can sometimes be difficult to pick as they may show signs from all the other systems. They prefer working with information and data. They memorize by creating or learning steps, systems and procedures. They may sometimes struggle to interact socially and come across as dogmatic about their ideas because they are so logic driven and can find it difficult to understand anybody who is not. The very stereotypical example is a computer programmer.

LANGUAGE: sense, understand, think, learn, process, decide, consider, change, perceive, insensitive, conceive, distinct, know. Does that make sense?

BIRD: Generally - Owl